



## PARTICIPANT BOOKLET

### Group Discussion

**1. What were some of the messages Antonio shared?**

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**2. The video referenced being courageous within our limits when facing obstacles. Have you ever had to face an obstacle in order to be successful or reach a goal you set for yourself. What was it?**

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**3. Encouragement is a critical element of success. Antonio received encouragement and support from his mother and from COCA. How have you or how could you motivate someone on your team to be successful?**

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**4. As a COCA student, Antonio talked about how being exposed to different backgrounds did not interfere with the dancers' main goal – with all the diversity of the team, there was one goal – to be dancers. How can common goals bring us together at work in our teams, department and/or as a company?**

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**5. The video referenced the importance of bringing together different backgrounds to continue to improve individuals and an organization. What more can you do to bring Diversity and Inclusion to your group and to keep your organization moving forward?**

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