

Ameren's Inclusion Cruiser On The Road
with the story of
Stepping Out of Our Comfort Zone

PARTICIPANT BOOKLET

Group Discussion

1. What were some of the messages Josalin shared?

2. Josalin talked about being afraid when she first approached people who were outside her usual social group. Have you ever had to face an obstacle in order to be successful or reach a goal you set for yourself. How did you approach the situation?

3. The efforts behind the Credit Crusade initiative changed Josalin and Junetta's perceptions to reach out and include others. In the video, they stated they planned to continue their efforts in the community by stepping out of their comfort zone. How can you increase your comfort and confidence to make an impact to your department, organization, and community?

4. Ron issued an invitation and a challenge. He referenced the importance of stepping up to a higher level of awareness and to bring together different backgrounds to continue to improve individuals and an organization. What can you do to step out of your comfort zone and bring Diversity and Inclusion to your group?
