

# HEALTH AND SAFETY OPTIONS FOR YOU AND YOUR LOVED ONES

No matter what circumstances you may encounter, we're here to help.



### Medical Equipment Registry

If you have critical, life-sustaining medical equipment that requires electricity, register to receive updates in case of a planned outage.



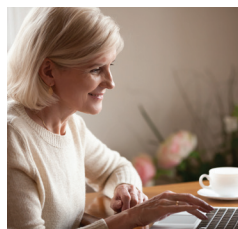
### Medical Hardship Program

If a medical emergency prevents you from making a payment, we want to help. Qualifying customers may be granted an extension to make their payment and avoid service disconnection during that time.



### Caring Contact Program

Add a relative or trusted friend to your account to receive billing notifications in case something unexpected occurs.



### Keeping Cool & Keeping Current

These programs help make your energy bill more affordable with bill credits.



### LIHEAP

Eligible customers may receive assistance up to three times during the year.



### Weatherization

Eligible homeowners and renters may receive weatherization improvements, including caulking, weather stripping, insulation and more.

Save time and energy. Create an online account and verify your contact information to receive account alerts and outage notifications. Get started at [AmerenMissouri.com](http://AmerenMissouri.com).

For details or to register for these programs, visit [AmerenMissouri.com/HealthAndSafety](http://AmerenMissouri.com/HealthAndSafety).





## Manage Your Energy Use

Managing your energy use is right at your fingertips. Find programs and personalized saving tips that help you save energy and money with an Ameren online account. Get started in three easy steps:

1. Log in or create an account at **Ameren.com**.
2. You'll see your dashboard upon logging in. Scroll down to view your usage history and recommended programs.
3. For personalized tips and so much more, view My Energy Manager.

**It's that easy to start saving today!**

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## Energy Saving Tips and Rebates

There are plenty of ways that you can save energy and money today. Here are a few tips to get you started.

- Stay comfortable by turning your fan clockwise in the winter and counter-clockwise in the summer.
- Unplug chargers and devices when not in use. They use energy even when not actively charging.
- Replacing your five most used lights with ENERGY STAR certified LED bulbs can save \$40 per year in energy costs.
- Make sure all air registers are clear of furniture so that air can circulate freely.

For long-term savings, we offer rebates for energy-efficient home upgrades at **AmerenMissouriSavings.com**.

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## Assistance for Veterans

Active-duty military, veterans and their families can receive up to \$600 when they face challenges paying their utility bills.



For details or to register for these programs, visit  
**[AmerenMissouri.com/EnergyAssistance](https://www.AmerenMissouri.com/EnergyAssistance)**.

